



# Pegswood Primary School

PSHE & RSE

## Intention – Why?

- Nurture an existing enthusiasm for PSHE and relationships.
- Be enthusiastic and work hard, in order to achieve their full potential as a well-rounded resilient, reliable, confident and active citizen.
- Provide the widest and best educational opportunities possible, by striving to offer inspirational, challenging and creative learning opportunities.
- Help children to develop knowledge, skills, and attitudes that they need to effectively navigate the complexities of life in the 21st Century.
- Support children to make informed choices now and in the future around their health, safety, wellbeing, relationships, and financial matters and support them in becoming confident individuals and active members of society.
- Children contribute to their personal development that promotes the four fundamental British values which reflect life in modern Britain: democracy; rule of law; respect and tolerance and individual liberty.

## Implementation – How?

- We deliver the PSHE and RSE curriculum through Kapow: a scheme of work through five areas of learning: Families and relationships, Health and wellbeing, Safety and the changing body, Citizenship, Economic wellbeing.
- Each area is revisited every year to allow children to build on prior learning. The lessons provide a progressive programme.
- Implement a Relationships and Sex Education (RSE) in order to teach the characteristics of positive relationships including what a relationship is, what family means and who are the people who can support them.
- Ensure effective teaching is communicated to children in a carefully sequenced way, within a planned sequence of lessons.
- Plan and implement a yearly Healthy School Week.
- Give children the opportunity to give their opinions.
- Many lessons, stories, scenarios, and video clips provide the opportunity for children to engage in real life and current topics in a safe and structured way. Role-play activities are also included to help children play out scenarios that they may find themselves in.

## Impact – Wow!

- Children are happy, confident and feel accepted within our school community.
- Children have the knowledge, skills and attributes they need to manage day to day challenges.
- Children are able to recognise their feelings and self-regulate these feelings.
- A curriculum that tackles barriers to learning, raises aspirations, and improves the life chances of the most vulnerable and disadvantaged children.
- Parents who are aware of issues which may affect the physical, social, health and economic strands of their child's education.