



Intention – Why?

- To nurture an existing enthusiasm for PE and sport, and promote enjoyment through exploring new activities.
- To be enthusiastic and to work hard, in order to achieve their full potential as a future athletes.
- To provide the widest and best educational opportunities possible, by striving to offer inspirational, challenging and innovative learning opportunities.
- Provide a curriculum which allows all pupils to learn the importance of physical activity as part of a healthy lifestyle.
- Encourage active and healthy lifestyles for all pupils, with an aim for pupils to be active for at least 60 minutes every day, including at least 30 minutes of moderate to vigorous intensity physical activity within the school day.
- Deliver inclusive PE, sport and play opportunities, engaging all pupils and giving every pupil the opportunity to develop a range of physical skills.
- Provide opportunities for all pupils to develop leadership and teamwork skills.
- Provide opportunities for pupils to compete, both against their own personal bests and other pupils, to develop pupil's resilience and confidence.
- Allow pupils opportunities to develop and discover new interests and talents through a range of opportunities to try new sports and activities.

Implementation – How?

- Provide two hours of high quality PE each week.
- Plan and deliver a broad, engaging, developmental, sequenced curriculum that ensures coverage, inclusion and is challenging for all pupils.
- Plan and deliver active lessons and continue to implement KS2 Daily Mile, KS1 motor-skills group, active playtimes and extra-curricular clubs.
- Utilise pupil voice and pupil leadership through the 'School Sport Organising Crew'.
- Provide competitive opportunities, both against their own personal bests and other pupils, which develop pupils' physical and social skills.

Impact – Wow!

- Pupils throughout the school have positive attitudes to PE and appreciate the importance of physical activity as part of a healthy lifestyle.
- All pupils are active for at least 30 minutes throughout the school day, supporting pupils overall fitness.
- Pupils show increased confidence in their physical abilities as they progress through school.
- Pupils learn to manage their emotional and mental well-being through PE.
- Pupils develop strong leadership skills through sport and physical activity.
- Pupil voice is consulted in the design and delivery of physical activity within school, which makes activities more meaningful for pupils.
- Pupils can cooperate with others, as part of a team, understanding fairness and respect for one another, learning to embed our school and British values within their own values.