

Pegswood Primary School

Year 2 Coverage

PSHE & RSE



Pegswood Primary School
Year Group Coverage – PSHE & RSE



Year 2						
		Family & Relationships	Citizenship	Health & Wellbeing	Safety & the Changing Body	Economic Wellbeing
Family & Relationships	Learning that families can be made up of different people.	✓				
	Understanding that families offer care, love and support.	✓				
	Understanding difficulties in friendships and action that can be taken.	✓				
	Learning how other people show their feelings and how to respond to them.	✓				
	Exploring the conventions of manners in different situations.	✓				
	Developing an understanding of self-respect.	✓				
	Exploring how loss and change can affect us.	✓				
Health & Wellbeing	Developing an understanding of how to look after my teeth.			✓		
	Understanding the importance of exercise and its effect on the body.			✓		
	Understanding when relaxation techniques can be useful and learning breathing exercises to aid relaxation.			✓		
	Recognising an increasing range of feelings and some strategies for managing different emotions.			✓		
	Developing empathy.			✓		
	Identifying personal goals and how to work towards them.			✓		
	Exploring the need for perseverance and developing a growth mindset.			✓		

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		Family & Relationships	Citizenship	Health & Wellbeing	Safety & the Changing Body	Economic Wellbeing
Safety and the Changing Body	Developing an understanding of being safe near roads, railways and open water and learning how to cross roads safely.				✓	
	Understanding the safe use of medicines.				✓	
	Beginning to understand the importance of staying safe online.				✓	
	Understanding the difference between secrets and surprises.				✓	
	Understanding the concept of privacy and naming the private parts of my body.				✓	
	Learning how to be safe around medicines.				✓	
	Knowing the names of parts of my body.				✓	
Citizenship	Rules beyond school.		✓			
	Our school environment.		✓			
	Our local environment.		✓			
	Job roles in our local community.		✓			
	Similar yet different: My local community.		✓			
	School Council.		✓			
	Giving my opinion.		✓			
Economic Wellbeing	Where money comes from.					✓
	Needs and wants.					✓
	Wants and needs.					✓
	Looking after money.					✓
	Jobs.					✓